

World-leading in its exercise preparation and recovery technology, Recovapro is passionately used and trusted by athletes and sporting professionals who **take wellness** and recovery seriously. With 5 speed settings and precisely-engineered attachments for a complete full body treatment, the Recovapro is perfectly suited for those who want to train harder and recover faster, from everyday fitness enthusiasts to professional athletes.

#### **Benefits**





Relieves muscle Soreness & Stiffness



Promotes muscle Warm-up & Recovery



Naturally relieves Chronic & Acute pains



Relaxes the body for better sleep



Improves range of Motion & Flexibility





SCIENTIFICALLY-CALIBRATED FOR OPTIMAL RESULTS.

Every Recovapro is equipped with an innovative Brushless motor engineered to precisely deliver up to 16mm of Amplitude at a top speed of 55 Percussions per second on the body.

**SMART GLIDE TECHNOLOGY** I ENGINEERED FROM THE INSIDE OUT.

We worked closely with mechanical, industrial, and sound engineers to design and construct the highprecision mechanics that power Recovapro's functional elements. The result? A fully re-engineered motor, built for maximum efficacy and reliability.

Every Recovapro device incorporates state-of-the-art sound insulation techniques to provide an 80% quieter experience from all other models in the market, without compromising our strict performance requirements.

produce guns Other massage annoying rumbling noise due to the motor's motion which affects users' experience. Recovapro overcomes this by designing an efficient motor which works in harmony with all the internal parts.

ATTACHMENTS | TARGETED TREATMENT FOR EVERY MUSCLE.

precisely differing Featuring engineered shapes, each Attachment is doctor-tested and made of which material, innovative antimicrobial and non-porous. Our attachments glide easily across skin and clothes, while lotions, oils, and sweat can be easily wiped away, making them more hygienic.

**FIVE SPEED SETTING WITH** SMART TOUCH.

Recovapro's powerful Brushless motor has a 5-speed setting which makes it suitable for users of all fitness levels. The only Percussion device to utilise Smart Touch Technology allowing the device to be switched OFF at any level by merely Holding down the Speed button for two seconds.

Smart Glide Technology not only makes the Recovapro the quietest massage device available, but it also provides a built-in protection feature which automatically powers down the device when its running time exceeds 10 minutes.

**ERGONOMICALLY** SOUND.

Perfectly weighted and ergonomically sound, our design is expressly designed to maximise ease, comfort, and usability, with zero stress or pressure on forearms, hands, and wrists - whether you're treating yourself or others.

## BENEFITS

WHERE WOULD YOU LIKE TO TREAT FIRST?

1

2

#### 1. TRAPS

Your traps help move and stabilize the shoulder blades. Increase mobility and improve coordination in just 30 seconds with the Recovapro.

#### 2. QUADS

Tight quads can be responsible for the source of knee pain. Keep them pain-free and healthy with a quick sweep of the Recovapro.

#### 3. SHOULDERS

Increase your range of motion and minimize shoulder pain by activating the muscle area in just 30 seconds. The Recovapro's powerful motor makes selfmyofascial release easy & efficient.

#### 4. HIP FLEXORS

The Recovapro has a top end speed of 3300 RPM. More than adequate power without stalling to dig deep into your hip flexors and provide instant muscle relief, pre- and post-workout.

#### 5. WRISTS

The Recovapro helps strengthen wrists for optimal snatches and deadlifts, stabilize your front rack position, increase your overall grip strength, and decrease overall soreness.

#### 1. ROTATOR CUFF

The risk of injuring your Rotator Cuff increases with age. Relieve aches and pains in this area with the Recovapro every day.

#### 2. ELBOWS

The elbow joint "fires" when you type, turn a door knob, or do a perfect Side Crow Pose. Our 4 uniquely engineered Attachments help you treat and relieve this very intricate area.

#### 3. HANDS

The Bullet Attachment fits perfectly between the small bones of the hand, so it's easy to target trigger points and relieve everyday aches and pains. Ideal for stressed, sore fingers.

#### 4. FOREARMS

Revive your natural grip strength. Use the Recovapro to treat your forearms and relieve any fatigue, weakness, or cramping caused by overuse of the muscle.

#### 5. ARTHRITIS

Recovapro has a lower speed of 1500 percussions per minute (that's 25 per second) so you can treat sensitive areas with ease.



www.recovapro.co.uk







The knees and ankles can take a beating - Recovapro helps increase circulation around the knee, encouraging proper joint alignment & providing better range of motion.

#### 2. SHIN SPLINTS

Repetitive stress on the shin bone can cause or exacerbate shin splints. Recovapro can reduce inflammation and decrease shin splint muscle tension in less than 2 minutes.



Your feet have more than 100 muscles, tendons, and ligaments PLUS 200,000 nerve endings per sole. The Recovapro stimulates nerves and increases blood flow for energized, tension-free feet.

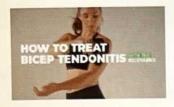
#### 4. ANKLE JOINTS

Recovapro is designed to comfortably "Glide" over bones and sore joints - so you can treat the area without pain and improve flexibility.

#### **RECOVAPRO**

### **HOW TO USE THE PRODUCT**

#### **PAIN & AILMENTS**



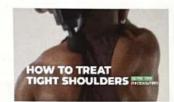












#### UPPER BODY





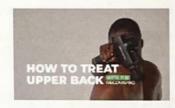










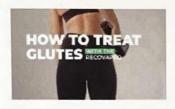


#### LOWER BODY





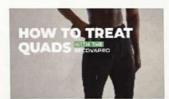












Further info can be found on the website...

https://recovapro.co.uk/pages/how-to

## **REVIEWS**

#### WHAT OTHERS ARE SAYING

#### Excellent



Based on 988 reviews

TRUSTSCORE

4.8 out of 5



#### Amazing!

Amazing !! My mum couldn't feel her big toe for years ... after 5 min with this amazing gun she fells it !!!

★ ★ ★ ★ by Mr Barry Whittaker

#### I suffer with lower back pain.

I suffer with lower back pain following an operation which damaged the muscles. Recovapro helps relax the muscles which in turn takes away the pain. Used regularly I am looking forward to long term relief.

★ ★ ★ ★ by adam reeves

#### I love my Recovapro

I love my Recovapro. I have a lack of mobility in one knee from 2 surgeries (ACL and meniscus). The first day that I received my Recovapro, I started working it on my knee and saw some immediate mobility gains. The Recovapro has quickly become an integral part of my nightly mobility work. I'm about to go on a work trip and you can bet that I will be taking the Recovapro with me and its super quiet.

★ ★ ★ ★ by J Milne

#### Fantastic product and cheaper than Theragun

I initially purchased a Theragun to help with numerous aches and pains but unfortunately it was faulty from the start so after being refunded I done some more research and decided to try Recovapro.

I've waited a month to do this review, to make sure it wasn't just a novelty and to see just how much benefit I could gain, and I have to say it is worth every penny. My neck and shoulders are so much looser and I can now easily lift my arms above my head to garden and decorate without any of the pain and discomfort that I've always experienced. I was diagnosed with Fibromyalgia some years back so often have ached and pain and my leg muscles were agony at first but they are gradually becoming less tight and overall I am delighted with my purchase. Battery life is great and I've only recharged once so far despite using it for about 10 mins a day. I'm not sure what happens when it does die as it's part of the unit not separate like the Theragun but hopefully that will be a few years away yet.

★ ★ ★ ★ by Richard

#### really works!

I really wasn't sure if these things were a gimmick or not but figured give it a go during the lockdown with massage places closed. Totally worth it! Whilst not the same as a proper massage it's actually very good and definitely relieves tight muscles after exercise. Recommended.

★ ★ ★ ★ by Jennifer Neal

#### A godsend

Will always need an occasional sports massage but as I cannot afford that as often as I require this product certainly help in between those times. Also my family is all active and feeling the benefits plus friends also. It does eventually pay for itself

\* \* \* \* by Stuart Higgins

#### Superb product, recovapro is a winner, great Customer services

Superb product, bought this on reading numerous reviews

I've been spending £45.00 per session per hour having deep tissue sports massage as

Working in construction has its toll on yours body ...

Now been using this over a week, knots in shoulders going, hamstrings feel less tight

This recovapro is outstanding ...

£200.00 with a 2 years guarantee like £10 a month ...

Best investment I've made

\* \* \* \* by John Francis Brown

#### This has been something that has been...

This has been something that has been missing from my life for too long. I bought this to help with constant pain and tension caused by a sport's injury. It really does allow for acute manipulation and the different connectors are really impressive!

 $\star$   $\star$   $\star$   $\star$  by Todd

#### Part of daily routine

Can't fault it!

It gets all the knots and tightness out of my muscles after a hard session and definitely aids recovery. It has helped me recover quicker from niggly injuries and get me back running sooner than before.

I now use it regularly as part of my daily routine.

★ ★ ★ ★ by Howard Dodds

#### This product WORKS

This product WORKS! I've only had it for a few days and I can already feel the difference - amazing and highly recommend for anyone to try it.

# WHY ARE WE THE BEST?

Carry case included

Yes



Yes

## WHO ARE RECOVAPRO COMPETITORS?







Name	THERAGUN PRO	HYPERVOLT	THERAGUN MINI
Price	£549	£349	£175
Return Policy	30 DAYS	14 DAYS	30 DAYS
Warranty	2 YEARS	1 YEARS	2 YEARS
Speed Mode	5	3	3
Stall Force	60 lbs	Not disclosed	20
Levels	Between - 1740/29 - 2400/40.	Level 1 - 1800/30, Level 2 - 2400/40. Level 3 - 3180/53	Level 1- 1750 Level 2- 2100 Level 3- 2400
Attachment	6 (Dampener, Large Ball, Wedge, Thumb, Cone, Standard Ball)	4 (Bullet, Fork, Flat, Ball)	1 ( Standard Ball )
Battery	150 minutes per Battery	120 minutes total	150 minutes total
Weight	1.3 KG	1.2 KG	0.65KG
Material	Plastic composite	Plastic	Plastic composite
Operating Noise	68 decibels	62 decibels	60 decibels
Colours	2- Black, Red	1 - Black	3 - Black, White, Red
Carry case included	Yes	No	No